SEX ED BOOKS FOR PARENTS AND CHILDREN

Books about Talking with Children

*30 Days of Sex Talks for Ages 12+: Empowering Your Child with Knowledge of Sexual Intimacy (Volume 3)* by Educate and Empower Kids


*Body Safety Education: A Parent's' Guide to Protecting Kids from Sexual Abuse* by Janeen Sanders

*Breaking the Hush Factor: Ten Rules for Talking with Teenagers about Sex* by Karen Rayne

*For Goodness Sex: Changing the Way We Talk to Teens About Sexuality, Values, and Health* by Al Vernacchio

*Screenwise: Helping Kids Thrive (and Survive) in Their Digital World* by Devorah Heitner

*Sexploitation: Helping Kids Develop Healthy Sexuality in a Porn-Driven World* by Cindy Pierce

*Talk to Me First: Everything You Need to Know to Become Your Kids' "Go-To" Person about Sex* by Deborah Roffman

*The Parents' Guide to Talk About Sex: A Complete Guide to Raising (Sexually) Safe, Smart, and Healthy Children* by Janet Rosenzweig

*There's No Place Like Home ... for Sex Education* by Mary Gossert

*The Umbilical Family: Start a Loving Conversation About Adoption, Egg Donation, Step-parenting, and Same-Sex Families* by Cate Sawyer and Adriana Avellis (illustrator)
Books for Children

*Birds and Bees and More: How Babies are Made and Families Form* by Sandra Caron and Samantha Schulte

*¡Es Alucinante!* by Robie Harris

*The Girls’ Guide to Sex Education* by Michelle Hope

*Guy Stuff: The Body Book for Boys* by Cara Natterson

*Inside Out: Your Body is Amazing Inside and Out and Belongs Only To You* by Mary Jo Podgurski

*It’s Not the Stork!: A Book About Girls, Boys, Babies, Bodies, Families and Friends* by Robie Harris

*It’s Perfectly Normal: Changing Bodies, Growing up, Sex, and Sexual Health* by Robie Harris

*It’s So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families* by Robie Harris

*Miles is the Boss of His Body* by Samantha Kurtzman-Counter and Abbie Schiller

*No Es La Cigüeña Un Libro Que Habla Sobre Ninas, Ninos, Bebes, Cuerpos, Familias Y Amigos* by Robie Harris

*No Means No!: Teaching Children about Personal Boundaries, Respect and Consent: Empowering Kids by Respecting their Choices and their Right to Say, 'No'!* by Jayneen Sanders

*Nonnie Talks about Gender* by Mary Jo Podgurski

*Nonnie Talks about Pregnancy and Birth* by Mary Jo Podgurski

*Nonnie Talks about Puberty* by Mary Jo Podgurski

*Nonnie Talks about Sex & More* by Mary Jo Podgurski

*Sex is a Funny Word: A Book about Bodies, Feelings, and YOU* by Cory Silverberg

*Sexo...Que Es?* by Robie Harris

*Tell Me about Sex, Grandma* by Anastasia Higginbotham

*The Care and Keeping of You* by Cara Natterson


Who Has What? All About Girls’ Bodies and Boys’ Bodies by Robie Harris

“What’s ‘Gay’?” Asked Mae by Brian McNaught Dave Woodford

What’s in There? All About Before You Were Born by Robie Harris

What Makes a Baby by Cory Silverberg

Books for Teens

100 Questions You’d Never Ask Your Parents: Straight Answers to Teens’ Questions about Sex, Sexuality, & Health by Elizabeth Henderson and Nancy Armstrong

#Amiga Date Cuenta: Guía para la Vida by Andonella & Plaqueta

The ABC’s of LGBT+ by Ashley Mardell

Being a Teen: Everything Teen Girls & Boys Should Know about Relationships, Sex, Love, Health, Identity, and more by Jane Fonda

Dating and Sex: A Guide for the 21st Teen Boy by Andrew Smiler

Girl: Love, Romance, and Being You by Karen Rayne

Girls & Sex: Navigating the Complicated New Landscape by Peggy Orenstein

Girl Sex 101 by Allison Moon and kd diamond (illustrator)

Love, Sex and No Regrets for Today’s Teens by Elizabeth Clark

Mamá, Papá, Soy Gay by Rinna Riesenfeld
Queer: The Ultimate LGBT Guide for Teens by Kathy Belge, Marke Bieschke, and Christian Robinson
(Illustrations)

Sexo entre Mujeres by Allison Moon (translated by Lorena Olvera)

Sex Plus: Learning, Loving, and Enjoying Your Body by Laci Green

S.E.X.: The All-You-Need-To-Know Sexuality Guide to Get You Through Your Teens and Twenties by Heather Corinna

Spare Me ‘the Talk!’ A Girl’s Guide to Sex, Relationships, & Growing Up by Jo Langford

Spare Me ‘the Talk!’ A Guy’s Guide to Sex, Relationships, & Growing Up by Jo Langford

This Book is Gay by James Dawson and Juno Dawson