

SEX ED BOOKS FOR PARENTS AND CHILDREN

Books about Talking with Children

[*30 Days of Sex Talks for Ages 12+: Empowering Your Child with Knowledge of Sexual Intimacy \(Volume 3\)*](#) by Educate and Empower Kids

[*Birds + Bees + YOUR Kids: A Guide to Sharing Your Beliefs About Sexuality, Love, and Relationships*](#) by Amy Lang

[*Body Safety Education: A Parent's' Guide to Protecting Kids from Sexual Abuse*](#) by Janeen Sanders

[*Breaking the Hush Factor: Ten Rules for Talking with Teenagers about Sex*](#) by Karen Rayne

[*For Goodness Sex: Changing the Way We Talk to Teens About Sexuality, Values, and Health*](#) by Al Vernacchio

[*Screenwise: Helping Kids Thrive \(and Survive\) in Their Digital World*](#) by Devorah Heitner

[*Sexploitation: Helping Kids Develop Healthy Sexuality in a Porn-Driven World*](#) by Cindy Pierce

[*Talk to Me First: Everything You Need to Know to Become Your Kids' "Go-To" Person about Sex*](#) by Deborah Roffman

[*The Parents' Guide to Talk About Sex: A Complete Guide to Raising \(Sexually\) Safe, Smart, and Healthy Children*](#) by Janet Rosenzweig

[*There's No Place Like Home ... for Sex Education*](#) by Mary Gossert

[*The Umbilical Family: Start a Loving Conversation About Adoption, Egg Donation, Step-parenting, and Same-Sex Families*](#) by Cate Sawyer and Adriana Avellis (illustrator)

Books for Children

[¡Es Alucinante!](#) by Robie Harris

[The Girls' Guide to Sex Education](#) by Michelle Hope

[Guy Stuff: The Body Book for Boys](#) by Cara Natterson

[Inside Out: Your Body is Amazing Inside and Out and Belongs Only To You](#) by Mary Jo Podgurski

[It's Not the Stork!: A Book About Girls, Boys, Babies, Bodies, Families and Friends](#) by Robie Harris

[It's Perfectly Normal: Changing Bodies, Growing up, Sex, and Sexual Health](#) by Robie Harris

[It's So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families](#) by Robie Harris

[Miles is the Boss of His Body](#) by Samantha Kurtzman-Counter and Abbie Schiller

[No Es La Cigüeña Un Libro Que Habla Sobre Ninas, Ninos, Bebes, Cuerpos, Familias Y Amigos](#) by Robie Harris

[No Means No!: Teaching Children about Personal Boundaries, Respect and Consent; Empowering Kids by Respecting their Choices and their Right to Say, 'No!'](#) by Jayneen Sanders

[Nonnie Talks about Gender](#) by Mary Jo Podgurski

[Nonnie Talks about Pregnancy and Birth](#) by Mary Jo Podgurski

[Nonnie Talks about Puberty](#) by Mary Jo Podgurski

[Nonnie Talks about Sex & More](#) by Mary Jo Podgurski

[Sex is a Funny Word: A Book about Bodies, Feelings, and YOU](#) by Cory Silverberg

[Sexo...Que Es?](#) by Robie Harris

[Tell Me about Sex, Grandma](#) by Anastasia Higginbotham

[The Care and Keeping of You](#) by Cara Natterson

[The "What's Happening to My Body?" Book for Boys: A Growing Up Guide for Parents and Sons](#) by Lynda Madaras and Martin Anderson

[The "What's Happening to My Body?" Book for Girls: A Growing Up Guide for Parents and Daughters](#) by

Lynda Madaras and Marcia Herman-Giddens

[Who Has What? All About Girls' Bodies and Boys' Bodies](#) by Robie Harris

["What's 'Gay'?" Asked Mae](#) by Brian McNaught Dave Woodford

[What's in There? All About Before You Were Born](#) by Robie Harris

[What Makes a Baby](#) by Cory Silverberg

Books for Teens

[100 Questions You'd Never Ask Your Parents: Straight Answers to Teens' Questions about Sex, Sexuality,](#)

[& Health](#) by Elizabeth Henderson and Nancy Armstrong

[#Amiga Date Cuenta: Guía para la Vida](#) by Andonella & Plaqueta

[The ABC's of LGBT+](#) by Ashley Mardell

[Being a Teen: Everything Teen Girls & Boys Should Know about Relationships, Sex, Love, Health,](#)

[Identity, and more](#) by Jane Fonda

[Dating and Sex: A Guide for the 21st Teen Boy](#) by Andrew Smiler

[Girl: Love, Romance, and Being You](#) by Karen Rayne

[Girls & Sex: Navigating the Complicated New Landscape](#) by Peggy Orenstein

[Girl Sex 101](#) by Allison Moon and kd diamond (illustrator)

[Love, Sex and No Regrets for Today's Teens](#) by Elizabeth Clark

[Mamá, Papá, Soy Gay](#) by Rinna Riesenfeld

[Queer: The Ultimate LGBT Guide for Teens](#) by Kathy Belge, Marke Bieschke, and Christian Robinson

(Illustrations)

[Sexo entre Mujeres](#) by Allison Moon (translated by Lorena Olvera)

[Sex Plus: Learning, Loving, and Enjoying Your Body](#) by Laci Green

[S.E.X.: The All-You-Need-To-Know Sexuality Guide to Get You Through Your Teens and Twenties](#) by

Heather Corinna

[Spare Me 'the Talk!' A Girl's Guide to Sex, Relationships, & Growing Up](#) by Jo Langford

[Spare Me 'the Talk!' A Guy's Guide to Sex, Relationships, & Growing Up](#) by Jo Langford

[This Book is Gay](#) by James Dawson and Juno Dawson

Also check out *Unhushed's* list on [GoodReads](#).

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